The Canadian Trip is the best opportunity to improve and challenge your English. On this tour, you need to speak with foreigners everyday, because you will live with a host family during this whole trip. You can try something you'd never do in Hong Kong, for example: play mini golf in a bazaar, riding horses, and maybe your host family will take you to do some special things, like, go to a strawberry farm. You can also learn their

This trip gave me great memories, and it really did help to improve my English. I remember that, in the first week, I was not willing to talk with my host family because I thought my English was not good, so I dared not to talk with them. But, I found that talking more with host family not only enhanced the feelings between everyone, it also improved my English.

In Canada, you don't just stay at home. You will have to go to university and have an English lesson everyday. After school, you will have extracurricular activities time. I loved the extra-curricular activities time very much because I could try something I would never do in Hong Kong. Like, play baseball and mini golf. I had two hole- in- one's when I played mini

The last night, you will have a cultural night. That night, you have to promote the Chinese culture to all the host families. It is a good chance to know how much you have learnt during this trip. It is also a good challenge, because you have to use English to say something about the Chinese culture to everyone.

This trip can make you have better English. You will have an unforgettable summer holiday and great memories. I promise, when you join this trip for the first time, you will want to join this trip again.